Intimidation, Harassment and Bullying

Are you at risk?

Did you experience or witness hate speech or a hate crime?

Protect yourself and others

Safety first! If you feel unsafe, walk away.

Respond! If you feel safe, respond calmly and firmly to de-escalate.

Document! Capture all the details about what happened, including the date, time, location, and contact information for any witnesses. You may record on your phone if it is visible to those you’re recording.

Report! Tell the proper authorities. Call 911 if you feel you are in danger.

Get help! Contact LCR at 617-482-1145 or LawyersforCivilRights.org